## Chapter 3

## Discrete time dynamics

## Gentles, perchance you wonder at this show; But wonder on, till truth make all things plain.

- W. Shakespeare, A Midsummer Night's Dream

The time parameter in the definition of a dynamical system can be either continuous or discrete. Discrete time dynamical systems arise naturally from flows. In general there are two strategies for replacing a continuous-time flow by iterated mappings; by cutting it by Poincaré sections, or by strobing it at a sequence of instants in time. Think of your partner moving to the beat in a disco: a sequence of frozen stills. While 'strobing' is what any numerical integrator does, by representing a trajectory by a sequence of time-integration step separated points, strobing is in general not a reduction of a flow, as the sequence of strobed points still resides in the full state space $\mathcal{M}$, of dimensionality $d$. An exception are non-autonomous flows that are externally periodically forced. In that case it might be natural to observe the flow by strobing it at time intervals fixed by the external forcing, as in example 7.7 where strobing of a periodically forced Hamiltonian leads to the 'standard map.'

In the Poincaré section method one records the coordinates of a trajectory whenever the trajectory crosses a prescribed trigger. This triggering event can be as simple as vanishing of one of the coordinates, or as complicated as the trajectory cutting through a curved hypersurface. A Poincaré section (or, in the remainder of this chapter, just 'section') is not a projection onto a lower-dimensional space: rather, it is a local change of coordinates to a direction along the flow, and the remaining coordinates (spanning the section) transverse to it. No information about the flow is lost by reducing it to its set of Poincaré section points and the return maps connecting them; the full space trajectory can always be reconstructed by integration from the nearest point in the section.

Reduction of a continuous time flow to its Poincaré section is a powerful visualization tool. But, the method of sections is more than visualization; it is also a fundamental tool of dynamics - to fully unravel the geometry of a chaotic flow, one has to quotient all of its symmetries, and evolution in time is one of these (This delphic piece of hindsight will be illuminated in chapter 10).

Figure 3.1: A trajectory $x(t)$ that intersects a Poincaré section $\mathcal{P}$ at times $t_{1}, t_{2}, t_{3}, t_{4}$, and closes a cycle $\left(\hat{x}_{1}, \hat{x}_{2}, \hat{x}_{3}, \hat{x}_{4}\right), \hat{x}_{k}=x\left(t_{k}\right) \in \mathcal{P}$ of topological length 4 with respect to the section. In general, the intersections are not normal to the section. Note also that the crossing $z$ does not count, as it in the wrong direction.


### 3.1 Poincaré sections

A continuous time flow decomposes the state space into Lagrangian 'spaghetti' of figure 2.2, a union of non-intersecting 1-dimensional orbits. Any point on an orbit can be used to label the orbit, with the state space thus reduced to a 'skew-product' of a ( $d-1$ )-dimensional space $\mathcal{P}$ of labeling points $\hat{x}_{j} \in \mathcal{P}$ and the corresponding 1-dimensional orbit curves $\mathcal{M}_{j}$ on which the flow acts as a time translation. However, as orbits can be arbitrarily complicated and, if unstable, uncontrollable for times beyond the Lyapunov time (1.1), in practice it is necessary to split the orbit into finite trajectory segments, with time intervals corresponding to the shortest recurrence times on a non-wondering set of the flow, finite times for which the flow is computable. A particular prescription for picking the orbit-labeling points is called a Poincaré section. In introductory texts Poincaré sections are treated as pretty visualizations of a chaotic flows, but their dynamical significance is much deeper than that. Once a section is defined, a 'Lagrangian' description of the flow (discussed above, page 39) is replaced by the 'Eulerian' formulation, with the trajectory-tangent velocity field $v(\hat{x}), \hat{x} \in \mathcal{P}$ enabling us to go freely between the time-quotiened space $\mathcal{P}$ and the full state space $\mathcal{M}$. The dynamically important transverse dynamics -description of how nearby trajectories attract / repeal each other- is encoded in mapping of $\mathcal{P} \rightarrow \mathcal{P}$ induced by the flow - dynamics along orbits is of secondary importance.

Successive trajectory intersections with a Poincaré section, a ( $d-1$ )-dimensional hypersurface embedded in the $d$-dimensional state space $\mathcal{M}$, figure 3.1, define the Poincaré return map $P(\hat{x})$, a ( $d-1$ )-dimensional map of form

$$
\begin{equation*}
\hat{x}^{\prime}=P(\hat{x})=f^{\tau(\hat{x})}(\hat{x}), \quad \hat{x}^{\prime}, \hat{x} \in \mathcal{P} . \tag{3.1}
\end{equation*}
$$

Here the first return function $\tau(\hat{x})$-sometimes referred to as the ceiling function-is the time of flight to the next section for a trajectory starting at $\hat{x}$. The choice of the section hypersurface $\mathcal{P}$ is altogether arbitrary. It is rarely possible to define a single section that cuts across all trajectories of interest. Fortunately, one often needs only a local section, a finite hypersurface of codimension 1 intersected by a swarm of trajectories near to the trajectory of interest (the case of several sections is discussed in sect. 12.6). Such hypersurface can be specified implicitly by a single condition, through a function $U(x)$ that is zero whenever a point $x$ is on the Poincaré section,

$$
\begin{equation*}
\hat{x} \in \mathcal{P} \quad \text { iff } \quad U(\hat{x})=0 . \tag{3.2}
\end{equation*}
$$

The gradient of $U(x)$ evaluated at $\hat{x} \in \mathcal{P}$ serves a two-fold function. First, the flow should pierce the hypersurface $\mathcal{P}$, rather than being tangent to it. A nearby point $\hat{x}+\delta x$ is in the hypersurface $\mathcal{P}$ if $U(\hat{x}+\delta x)=0$. A nearby point on the
trajectory is given by $\delta x=v \delta t$, so a traversal is ensured by the transversality condition

$$
\begin{equation*}
(v \cdot \nabla U)=\sum_{j=1}^{d} v_{j}(\hat{x}) \partial_{j} U(\hat{x}) \neq 0, \quad \partial_{j} U(\hat{x})=\frac{\partial}{\partial \hat{x}_{j}} U(\hat{x}), \quad \hat{x} \in \mathcal{P} . \tag{3.3}
\end{equation*}
$$

Second, the gradient $\nabla U$ defines the orientation of the hypersurface $\mathcal{P}$. The flow is oriented as well, and a periodic orbit can pierce $\mathcal{P}$ twice, traversing it in either direction, as in figure 3.1. Hence the definition of Poincaré return map $P(\hat{x})$ needs to be supplemented with the orientation condition

$$
\begin{array}{ll}
\hat{x}_{n+1}=P\left(\hat{x}_{n}\right), \quad & U\left(\hat{x}_{n+1}\right)=U\left(\hat{x}_{n}\right)=0, \quad n \in \mathbb{Z}^{+} \\
& \sum_{j=1}^{d} v_{j}\left(\hat{x}_{n}\right) \partial_{j} U\left(\hat{x}_{n}\right)>0 . \tag{3.4}
\end{array}
$$

In this way the continuous time $t$ flow $x(t)=f^{t}(x)$ is reduced to a discrete time $n$ sequence $\hat{x}_{n}$ of successive oriented trajectory traversals of $\mathcal{P}$.

With a sufficiently clever choice of a Poincaré section or a set of sections, any orbit of interest intersects a section. Depending on the application, one might need to convert the discrete time $n$ back to the continuous flow time. This is accomplished by adding up the first return function times $\tau\left(\hat{x}_{n}\right)$, with the accumulated flight time given by

$$
\begin{equation*}
t_{n+1}=t_{n}+\tau\left(\hat{x}_{n}\right), \quad t_{0}=0, \quad x_{n} \in \mathcal{P} . \tag{3.5}
\end{equation*}
$$

Other quantities integrated along the trajectory can be defined in a similar manner, and will need to be evaluated in the process of evaluating dynamical averages.

A few examples may help visualize this.


A typical trajectory of the 3-dimensional Rössler flow is plotted in figure 2.6. A sequence of Poincaré sections of figure 3.2 illustrates the 'stretch \& fold' action of Rössler flow. Figure 3.3 exhibits a set of return maps (3.1).


The above examples illustrate why a Poincaré section gives a more informative snapshot of the flow than the full flow portrait. For example, while the full flow portrait of the Rössler flow figure 2.6 gives us no sense of the thickness of the attractor, we see clearly in the Poincaré sections of figure 3.2 that even though the return maps are 2 -dimensional $\rightarrow 2$-dimensional, the flow contraction is so strong that for all practical purposes it renders the return maps 1-dimensional. (We shall quantify this claim in example 4.5.)

### 3.1.1 Section border

How far does the neighborhood of a template extend along the hyperplane (3.14)? A section captures faithfully neighboring orbits as long as it cuts them transver-
 sally; it fails the moment the velocity field at point $\hat{x}^{*}$ fails to pierce the section.

Figure 3.2: (Right:) a sequence of Poincaré sections of the Rössler strange attractor, defined by planes through the $z$ axis, oriented at angles (a) $-60^{\circ}$ (b) $0^{\circ}$, (c) $60^{\circ}$, (d) $120^{\circ}$, in the $x-y$ plane. (Left:) side and $x-y$ plane view of a typical trajectory with Poincaré sections superimposed. (R. Paškauskas)

Figure 3.3: Return maps for the $r_{n} \rightarrow r_{n+1}$ radial distance Poincaré sections of figure 3.2. The 'multi-valuedness' of (b) and (c) is only apparent: the full return map is 2-dimensional, $\left\{r^{\prime}, z^{\prime}\right\}=$ $P\{r, z\}$. (R. Paškauskas)


At this location the velocity is tangent to the section and, thus, orthogonal to the template normal $\hat{n}$,

$$
\begin{equation*}
\hat{n} \cdot v\left(\hat{x}^{*}\right)=0, \quad \hat{x}^{*} \in S, \tag{3.6}
\end{equation*}
$$

i.e., $v_{\perp}(\hat{x})$, component of the $v(\hat{x})$ normal to the section, vanishes at $\hat{x}^{*}$. For a smooth flow such points form a smooth ( $d-2$ )-dimensional section border $\mathcal{S} \subset \mathcal{P}$, encompassing the open neighborhood of the template characterized by qualitatively similar flow. We shall refer to this region of the section hyperplane as the (maximal) chart of the template neighborhood for a given hyperplane (3.14).

If the template point is an equilibrium $x_{q}$, there is no dynamics exactly at this point as the velocity vanishes $\left(v\left(x_{q}\right)=0\right.$ by the definition of equilibrium) and cannot be used to define a normal to the section. Instead, we use the local linearized flow to construct the local Poincaré section $\mathcal{P}$. We orient $\mathcal{P}$ so the unstable eigenvectors are transverse to the section, and at least the slowest contracting eigenvector is tangent to the section, as in figure 4.6. This ensures that the flow is transverse to $\mathcal{P}$ in an open neighborhood of the template $x_{q}$.

Visualize the flow as a smooth 3 -dimensional steady fluid flow cut by a 2 dimensional sheet of light. Lagrangian particle trajectories either cross, are tangent to, or fail to reach this plane; the 1-dimensional curves of tangency points define the section border. An example is offered by the velocity field of the Rössler
flow of figure 4.5. Pick a Poincaré section hyperplane so it goes through both equilibrium points. The section might be transverse to a large neighborhood around the inner equilibrium $x_{-}$, but dynamics around the outer equilibrium $x_{+}$is totally different, and the competition between the two types of motion is likely to lead to vanishing of $v_{\perp}(\hat{x})$, component of the $v(\hat{x})$ normal to the section, someplace in-between the two equilibria. A section is good up to the section border, but beyond it an orbit infinitesimally close to $\hat{x}^{*}$ generically does not cross the section hyperplane.

For 3-dimensional flows, the section border $\mathcal{S}$ is a 1-dimensional closed curve in the section 2 -dimensional $\mathcal{P}$, and easy to visualize. In higher dimensions, the section border is a $(d-2)$-dimensional manifold, not easily visualized, and the best one can do is to keep checking for change of sign (3.4) at Poincaré section returns of nearby trajectories close to the section border hypersurface $\mathcal{S}$; (3.6) will be positive inside, negative immediately outside $\mathcal{S}$.

Thus for a nonlinear flow, with its complicated curvilinear invariant manifolds, a single section rarely suffices to capture all of the dynamics of interest.

### 3.1.2 What is the best Poincaré section?

In practice, picking sections is a dark and painful art, especially for high-dimensional flows where the human visual cortex falls short. It helps to understand why we need them in the first place.

Whenever a system has a continuous symmetry $G$, any two solutions related by the symmetry are equivalent. We do not want to keep recomputing these over and over. We would rather replace the whole continuous family of solutions by one solution in order to be more efficient. This approach replaces the dynamics $(\mathcal{M}, f)$ with dynamics on the quotient state space $(\mathcal{M} / t, \hat{f})$. For now, we only remark that constructing explicit quotient state space flow $\hat{f}$ is either extremely difficult, impossible, or generates unintelligible literature. Our solution (see chapter 10) will be to resort to the method of slices.

Time evolution itself is a 1-parameter Lie group, albeit a highly nontrivial one (otherwise this book would not be much of a doorstop). The invariants of the flow are its infinite-time orbits; particularly useful invariants are compact orbits such as equilibrium points, periodic orbits, and tori. For any orbit it suffices to pick a single state space point $x \in \mathcal{M}_{p}$, the rest of the orbit is generated by the flow.

Choice of this one 'labeling' point is utterly arbitrary; in dynamics this is called a 'Poincaré section', and in theoretical physics this goes by the exceptionally uninformative name of 'gauge fixing'. The price is that one generates 'ghosts', or, in dynamics, increases the dimensionality of the state space by additional constraints (see sect. 6A.5). It is a commonly deployed but inelegant procedure where symmetry is broken for computational convenience, and restored only at the end of the calculation, when all broken pieces are reassembled.

With this said, there are a few rules of thumb to follow: (a) You can pick as many sections as convenient, as discussed in sect. 12.6. (b) For ease of computation, pick linear sections (3.14) when possible. (c) If equilibria play important role in organizing a flow, pick sections that go through them (see example 3.4). In that case, try to place contracting eigenvectors inside the hyperplane, see Lorenz figure 3.4. Remember, the stability eigenvectors are never orthogonal to each

Figure 3.4: (a) Lorenz flow figure 2.5 cut by $y=x$ Poincaré section plane $\mathcal{P}$ through the $z$ axis and both $E Q_{1,2}$ equilibria. Points where flow pierces into section are marked by dots. To aid visualization of the flow near the $E Q_{0}$ equilibrium, the flow is cut by the second Poincaré section, $\mathcal{P}^{\prime}$, through $y=-x$ and the $z$ axis. (b) Poincaré sections $\mathcal{P}$ and $\mathcal{P}^{\prime}$ laid side-by-side. The singular nature of these sections close to $E Q_{0}$ will be elucidated in example 4.6 and figure 11.8 (b).
(E. Siminos)
(a)


$\mathrm{EQ}_{0}$

The problem with this method is that we have to use a very small integration time step. However, there is a better way to land exactly on the Poincaré section.

Let $t_{a}$ be the time just before $U$ changes sign, and $t_{b}$ the time just after it changes sign. The method for landing exactly on the Poincaré section will be to convert one of the space coordinates into an integration variable for the part of the trajectory between $t_{a}$ and $t_{b}$. Using

$$
\begin{equation*}
\frac{d x_{k}}{d x_{1}} \frac{d x_{1}}{d t}=\frac{d x_{k}}{d x_{1}} v_{1}(x, t)=v_{k}(x, t) \tag{3.8}
\end{equation*}
$$

we can rewrite the equations of motion (3.7) as

$$
\begin{equation*}
\frac{d t}{d x_{1}}=\frac{1}{v_{1}}, \cdots, \frac{d x_{d}}{d x_{1}}=\frac{v_{d}}{v_{1}} . \tag{3.9}
\end{equation*}
$$

Now we use $x_{1}$ as the 'time' in the integration routine and integrate it from $x_{1}\left(t_{a}\right)$ to the value of $x_{1}$ on the hypersurface, determined by the hypersurface intersection condition (3.14). This is the end point of the integration, with no need for any interpolation or backtracking to the surface of section. The $x_{1}$-axis need not be perpendicular to the Poincaré section; any $x_{i}$ can be chosen as the integration variable, provided the $x_{i}$-axis is not parallel to the Poincaré section at the trajectory intersection point. If the section crossing is transverse (3.3), $v_{1}$ cannot vanish in the short segment bracketed by the integration step preceding the section, and the point on the Poincaré section.


### 3.3 Mappings

> Do it again! (and again! and again! and ...)
—Isabelle, age 3
Though we have motivated discrete time dynamics by considering sections of a continuous flow and reduced the continuous-time flow to a family of maps $P(\hat{x})$ mapping points $\hat{x}$ from a section to a section, there are many settings in which dynamics is inherently discrete, and naturally described by repeated iterations of the same map

$$
f: \mathcal{M} \rightarrow \mathcal{M}
$$

or sequences of consecutive applications of a finite set of maps, a different map, $f_{A}, f_{B}, \ldots$, for points in different regions $\left\{\mathcal{M}_{A}, \mathcal{M}_{B}, \cdots, \mathcal{M}_{Z}\right\}$,

$$
\begin{equation*}
\left\{f_{A}, f_{B}, \ldots f_{Z}\right\}: \mathcal{M} \rightarrow \mathcal{M} \tag{3.10}
\end{equation*}
$$

for example maps relating different sections among a set of Poincaré sections. The discrete 'time' is then an integer, the number of applications of the map or maps. As writing out formulas involving repeated applications of a set of maps explicitly can be awkward, we streamline the notation by denoting the (non-commutative) map composition by ' 0 '

$$
\begin{equation*}
\left.f_{Z}\left(\cdots f_{B}\left(f_{A}(x)\right)\right) \cdots\right)=f_{Z} \circ \cdots f_{B} \circ f_{A}(x), \tag{3.11}
\end{equation*}
$$

Figure 3.5: A flow $x(t)$ of figure 3.1 represented by a Poincaré return map that maps points in the Poincaré section $\mathcal{P}$ as $\hat{x}_{n+1}=f\left(\hat{x}_{n}\right)$. In this example the orbit of $\hat{x}_{1}$ is periodic and consists of the four periodic points ( $\hat{x}_{1}, \hat{x}_{2}, \hat{x}_{3}, \hat{x}_{4}$ ).

and the $n$th iterate of map $f$ by

$$
f^{n}(x)=f \circ f^{n-1}(x)=f\left(f^{n-1}(x)\right), \quad f^{0}(x)=x .
$$

The trajectory of $x$ is the finite set of points
section 2.1

$$
\left\{x, f(x), f^{2}(x), \ldots, f^{n}(x)\right\},
$$

traversed in time $n$, and $\mathcal{M}_{x}$, the orbit of $x$, is the subset of all points of $\mathcal{M}$ that can be reached by iterations of $f$. A periodic point (cycle point) $x_{k}$ belonging to a periodic orbit (cycle) of period $n$ is a real solution of

$$
\begin{equation*}
f^{n}\left(x_{k}\right)=f\left(f\left(\ldots f\left(x_{k}\right) \ldots\right)\right)=x_{k}, \quad k=0,1,2, \ldots, n-1 . \tag{3.12}
\end{equation*}
$$

For example, the orbit of $\hat{x}_{1}$ in figure 3.5 is a set of four cycle points, $\left(\hat{x}_{1}, \hat{x}_{2}, \hat{x}_{3}, \hat{x}_{4}\right)$.
The functional form of such Poincaré return maps $P$ as figure 3.3 can be approximated by tabulating the results of integration of the flow from $\hat{x}$ to the first Poincaré section return for many $\hat{x} \in \mathcal{P}$, and constructing a function that interpolates through these points. If we find a good approximation to $P(\hat{x})$, we can get rid of numerical integration altogether, by replacing the continuous time trajectory $f^{t}(\hat{x})$ by iteration of the Poincaré return map $P(\hat{x})$. Constructing accurate $P(\hat{x})$ for a given flow can be tricky, but we can already learn much from approximate Poincaré return maps. Multinomial approximations

$$
\begin{equation*}
P_{k}(\hat{x})=a_{k}+\sum_{j=1}^{d} b_{k j} \hat{x}_{j}+\sum_{i, j=1}^{d} c_{k i j} \hat{x}_{i} \hat{x}_{j}+\ldots, \quad \hat{x} \in \mathcal{P} \tag{3.13}
\end{equation*}
$$

to Poincaré return maps

$$
\left(\begin{array}{c}
\hat{x}_{1, n+1} \\
\hat{x}_{2, n+1} \\
\ldots \\
\hat{x}_{d, n+1}
\end{array}\right)=\left(\begin{array}{c}
P_{1}\left(\hat{x}_{n}\right) \\
P_{2}\left(\hat{x}_{n}\right) \\
\ldots \\
P_{d}\left(\hat{x}_{n}\right)
\end{array}\right), \quad \hat{x}_{n}, \hat{x}_{n+1} \in \mathcal{P}
$$

motivate the study of model mappings of the plane, such as the Hénon map and Lozi map.


What we get by iterating such maps is-at least qualitatively-not unlike what we get from Poincaré section of flows such as the Rössler flow figure 3.3. For an arbitrary initial point this process might converge to a stable limit cycle, to a strange attractor, to a false attractor (due to roundoff errors), or diverge. In other words, mindless iteration is essentially uncontrollable, and we will need to resort to more thoughtful explorations. As we shall explain in due course, strategies for

Figure 3.6: The strange attractor and an unstable period 7 cycle of the Hénon map (3.17) with $a=1.4$,
 $b=0.3$. The periodic points in the cycle are connected to guide the eye. (from K.T. Hansen [2])
systematic exploration rely on stable/unstable manifolds, periodic points, saddlestraddle methods and so on.


As we shall see in sect. 11.3, an understanding of 1-dimensional dynamics is indeed the essential prerequisite to unraveling the qualitative dynamics of many higher-dimensional dynamical systems. For this reason many expositions of the theory of dynamical systems commence with a study of 1-dimensional maps. We prefer to stick to flows, as that is where the physics is.


## Résumé

In recurrent dynamics a trajectory exits a region in state space and then reenters it infinitely often, with finite return times. If the orbit is periodic, it returns after a full period. So, on average, nothing much really happens along the trajectorywhat is important is behavior of neighboring trajectories transverse to the flow. This observation motivates a replacement of the continuous time flow by iterative mapping, the Poincaré maps. A visualization of a strange attractor can be greatly facilitated by a felicitous choice of Poincaré sections, and the reduction of flow to Poincaré maps. This observation motivates in turn the study of discrete-time dynamical systems generated by iterations of maps.

A particularly natural application of the Poincaré section method is the reduction of a billiard flow to a boundary-to-boundary return map, described in chapter 8 . As we shall show in appendix B, further simplification of a Poincaré return map, or any nonlinear map, can be attained through rectifying these maps locally by means of smooth conjugacies.

In truth, as we shall see in chapter 10, the reduction of a continuous time flow by the method of Poincaré sections is not a convenience, but an absolute necessity - to make sense of an ergodic flow, all of its continuous symmetries must be reduced, evolution in time being one of these symmetries.
chapter 8
appendix B

## Commentary

Remark 3.1 Functions, maps, mappings. In mathematics, 'mapping' is a noun, 'map' is a verb. Nevertheless, 'mapping' is often shortened to 'map' and is often used as a synonym for 'function.' 'Function' is used for mappings that map to a single point in $\mathbb{R}$ or $\mathbb{C}$, while a mapping which maps to $\mathbb{R}^{d}$ would be called a 'mapping,' and not a 'function.' Likewise, if a point maps to several points and/or has several pre-images, this is a 'many-to-many' mapping, rather than a function. In his review [27], Smale refers to iterated maps as 'diffeomorphisms', in contradistinction to 'flows', which are 1-parameter groups of diffeomorphisms. In the sense used here, in the theory of dynamical systems, dynamical evolution from an initial state to a state finite time later is a (time-forward) map.

Remark 3.2 Determining a Poincaré section. The trick described in sect. 3.2 is due to Hénon $[3,4,5]$. The idea of changing the integration variable from time to one of the coordinates, although simple, avoids the alternative of having to interpolate the numerical solution to determine the intersection.

Remark 3.3 Hénon, Lozi maps. The Hénon map is of no particular physical import in and of itself-its significance lies in the fact that it is a minimal normal form for modeling flows near a saddle-node bifurcation, and that it is a prototype of the stretching and folding dynamics that leads to deterministic chaos. It is generic in the sense that it can exhibit arbitrarily complicated symbolic dynamics and mixtures of hyperbolic and non-hyperbolic behaviors. Its construction was motivated by the best known early example of 'deterministic chaos,' the Lorenz equation, see example 2.2 and remark 2.3.
Y. Pomeau's studies of the Lorenz attractor on an analog computer, and his insights into its stretching and folding dynamics motivated Hénon [6] to introduce the Hénon map in 1976. Hénon's and Lorenz's original papers can be found in reprint collections refs. [7, 8]. They are a pleasure to read, and are still the best introduction to the physics motivating such models. Hénon [6] had conjectured that for $(a, b)=(1.4,0.3)$ Hénon map a generic initial point converges to a strange attractor. Its existence has never been proven. While for all practical purposes this is a strange attractor, it has not been demonstrated that long time iterations are not attracted by some long attracting limit cycle. Indeed, the pruning front techniques that we describe below enable us to find stable attractors arbitrarily close by in the parameter space, such as the 13 -cycle attractor at $(a, b)=(1.39945219,0.3)$. A rigorous proof of the existence of Hénon attractors close to 1-dimensional parabola map is due to Benedicks and Carleson [9]. A detailed description of the dynamics of the Hénon map is given by Mira and coworkers [10, 11, 12], as well as very many other authors. The Lozi map (3.19) is particularly convenient in investigating the symbolic dynamics of 2dimensional mappings. Both the Lorenz and Lozi [13] systems are uniformly expanding smooth systems with singularities. The existence of the attractor for the Lozi map was proven by M. Misiurewicz [14], and the existence of the SRB measure was established by L.-S. Young [15].

### 3.4 Examples

The reader is urged to study the examples collected at the ends of chapters. If you want to return back to the main text, click on [click to return] pointer on the margin.

## Example 3.1 A template and the associated hyperplane Poincaré section:

The simplest choice of a Poincaré section is a plane $\mathcal{P}$ specified by a 'template' point (located at the tip of the vector $\hat{x}^{\prime}$ ) and a normal vector $\hat{n}$ perpendicular to the plane. A point $\hat{x}$ is in this plane if it satisfies the linear condition

$$
\begin{equation*}
U(\hat{x})=\left(\hat{x}-\hat{x}^{\prime}\right) \cdot \hat{n}=0 \quad \text { for } \hat{x} \in \mathcal{P} . \tag{3.14}
\end{equation*}
$$

Consider a circular periodic orbit centered at $\hat{x}^{\prime}$, but not lying in $\mathcal{P}$. It pierces the hyperplane twice; the $v \cdot \hat{n}>0$ traversal orientation condition (3.4) ensures that the first return time is the full period of the cycle. (continued in example 12.3)

What about smooth, continuous time flows, with no obvious surfaces that would be good Poincaré sections?

Example 3.2 Pendulum: The phase space of a simple pendulum is 2-dimensional: momentum on the vertical axis and position on the horizontal axis. We choose the Poincaré section to be the positive horizontal axis. Now imagine what happens as a point traces a trajectory through this phase space. As long as the motion is oscillatory, in the pendulum all orbits are loops, so any trajectory will periodically intersect the line, that is the Poincaré section, at one point.

Consider next a pendulum with friction, such as the unforced Duffing system plotted in figure 2.4. Now every trajectory is an inward spiral, and the trajectory will intersect the Poincaré section $y=0$ at a series of points that get closer and closer to either of the equilibrium points; the Duffing oscillator at rest.
click to return: p. 52
Motion of a pendulum is so simple that you can sketch it yourself on a piece of paper. The next example offers a better illustration of the utility of visualization of dynamics by means of Poincaré sections.

Example 3.3 Rössler flow: (continued from example 2.3) Consider figure 2.6, a typical trajectory of the 3-dimensional Rössler flow (2.23). The strange attractor wraps around the $z$ axis, so one choice for a Poincaré section is a plane passing through the $z$ axis. A sequence of such Poincaré sections placed radially at increasing angles with respect to the $x$ axis, figure 3.2, illustrates the 'stretch \& fold' action of the Rössler flow, by assembling these sections into a series of snapshots of the flow. A line segment in (a), traversing the width of the attractor at $y=0, x>0$ section, starts out close to the $x$-y plane, and after the stretching (a) $\rightarrow$ (b) followed by the folding (c) $\rightarrow$ (d), the folded segment returns $(d) \rightarrow$ (a) close to the initial segment, strongly compressed. In one Poincaré return the interval is thus stretched, folded and mapped onto itself, so the flow is expanding. It is also mixing, as in one Poincaré return a point from the interior of the attractor can map onto the outer edge, while an edge point lands in the interior.

Once a particular Poincaré section is picked, we can also exhibit the return map (3.1), as in figure 3.3. Cases (a) and (d) are examples of nice 1-to-1 return maps. While (b) and (c) appear multimodal and non-invertible, they are artifacts of projecting a 2dimensional return map $\left(r_{n}, z_{n}\right) \rightarrow\left(r_{n+1}, z_{n+1}\right)$ onto a 1-dimensional subspace $r_{n} \rightarrow r_{n+1}$. (continued in example 3.5)

Example 3.4 Sections of Lorenz flow: (continued from example 2.2) The plane $\mathcal{P}$ fixed by the $x=y$ diagonal and the $z$-axis depicted in figure 3.4 is a natural choice of a Poincaré section of the Lorenz flow of figure 2.5, as it contains all three equilibria, $x_{E Q_{0}}=(0,0,0)$ and the (2.19) pair $x_{E Q_{1}}, x_{E Q_{2}}$. A section has to be supplemented with the orientation condition (3.4): here points where flow pierces into the section are marked by dots.

Equilibria $x_{E Q_{1}}, x_{E Q_{2}}$ are centers of out-spirals, and close to them the section is transverse to the flow. However, close to $E Q_{0}$ trajectories pass the $z$-axis either by crossing the section $\mathcal{P}$ or staying on the viewer's side. We are free to deploy as many sections as we wish: in order to capture the whole flow in this neighborhood we add the second Poincaré section, $\mathcal{P}^{\prime}$, through the $y=-x$ diagonal and the $z$-axis. Together the two sections, figure 3.4 (b), capture the whole flow near $E Q_{0}$. In contrast to Rössler sections of figure 3.2, these appear very singular. We explain this singularity in example 4.6 and postpone construction of a Poincaré return map until example 9A. 13.
(E. Siminos and J. Halcrow)
click to return: p. 55
Example 3.5 Computation of Rössler flow Poincaré sections. (continued from example 3.3) Convert Rössler equation (2.23) to cylindrical coordinates:

$$
\begin{align*}
\dot{r} & =v_{r}=-z \cos \theta+a r \sin ^{2} \theta \\
\dot{\theta} & =v_{\theta}=1+\frac{z}{r} \sin \theta+\frac{a}{2} \sin 2 \theta \\
\dot{z} & =v_{z}=b+z(r \cos \theta-c) . \tag{3.15}
\end{align*}
$$

Poincaré sections of figure 3.2 are defined by the fixing angle $U(x)=\theta-\theta_{0}=0$. In principle one should use the equilibrium $x_{+}$from (2.24) as the origin, and its eigenvectors as the coordinate frame, but here original coordinates suffice, as for parameter values (2.23), and ( $x_{0}, y_{0}, z_{0}$ ) sufficiently far away from the inner equilibrium, $\theta$ increases monotonically with time. Integrate

$$
\begin{equation*}
\frac{d r}{d \theta}=v_{r} / v_{\theta}, \frac{d t}{d \theta}=1 / v_{\theta}, \frac{d z}{d \theta}=v_{z} / v_{\theta} \tag{3.16}
\end{equation*}
$$

from $\left(r_{n}, \theta_{n}, z_{n}\right)$ to the next Poincaré section at $\theta_{n+1}$, and switch the integration back to $(x, y, z)$ coordinates. (continued in example 4.1)
(Radford Mitchell, Jr.)
click lo return: p. 56

Example 3.6 Hénon map: The map

$$
\begin{align*}
& x_{n+1}=1-a x_{n}^{2}+b y_{n} \\
& y_{n+1}=x_{n} \tag{3.17}
\end{align*}
$$

is a nonlinear 2-dimensional map frequently employed in testing various hunches about chaotic dynamics. The Hénon map is sometimes written as a 2 -step recurrence relation

$$
\begin{equation*}
x_{n+1}=1-a x_{n}^{2}+b x_{n-1} . \tag{3.18}
\end{equation*}
$$

An $n$-step recurrence relation is the discrete-time analogue of an nth order differential equation, and it can always be replaced by a set of $n 1$-step recurrence relations.

The Hénon map is the simplest map that captures the 'stretch \& fold' dynamics of return maps such as Rössler's, figure 3.2. It can be obtained by a truncation of a polynomial approximation (3.13) to a Poincaré return map (3.13) to second order.

A quick sketch of the long-time dynamics of such a mapping (an example is depicted in figure 3.6), is obtained by picking an arbitrary starting point and iterating (3.17) on a computer.

Always plot the dynamics of such maps in the $\left(x_{n}, x_{n+1}\right)$ plane, rather than in the $\left(x_{n}, y_{n}\right)$ plane, and make sure that the ordinate and abscissa scales are the same, so $x_{n}=x_{n+1}$ is the $45^{\circ}$ diagonal. There are several reasons why one should plot this way: (a) we think of the Hénon map as a model return map $x_{n} \rightarrow x_{n+1}$, and (b) as parameter $b$ varies, the attractor will change its $y$-axis scale, while in the $\left(x_{n}, x_{n+1}\right)$ plane it goes to a parabola as $b \rightarrow 0$, as it should.
exercise 3.5
As we shall soon see, periodic orbits will be key to understanding the long-time dynamics, so we also plot a typical periodic orbit of such a system, in this case an unstable period 7 cycle. Numerical determination of such cycles will be explained in sect. 29.1, and the periodic point labels 0111010, 1110100, $\cdots$ in sect. 12.2.
click to return: p. 57

Example 3.7 Lozi map: Another example frequently employed is the Lozi map, a linear, 'tent map' version of the Hénon map (3.17) given by

$$
\begin{align*}
x_{n+1} & =1-a\left|x_{n}\right|+b y_{n} \\
y_{n+1} & =x_{n} . \tag{3.19}
\end{align*}
$$

Though not realistic as an approximation to a smooth flow, the Lozi map is a very helpful tool for developing intuition about the topology of a large class of maps of the 'stretch \& fold' type.

Example 3.8 Parabola: For sufficiently large value of the stretching parameter $a$, one iteration of the Hénon map (3.17) stretches and folds a region of the $(x, y)$ plane centered around the origin, as will be illustrated in figure 12.4. The parameter a controls the amount of stretching, while the parameter $b$ controls the thickness of the folded image through the ' 1 -step memory' term $b x_{n-1}$ in (3.18). In figure 3.6 the parameter $b$ is rather large, $b=0.3$, so the attractor is rather thick, with the transverse fractal structure clearly visible. For vanishingly small $b$ the Hénon map reduces to the 1-dimensional quadratic map

$$
\begin{equation*}
x_{n+1}=1-a x_{n}^{2} . \tag{3.20}
\end{equation*}
$$

By setting $b=0$ we lose determinism, as on reals the inverse of map (3.20) has two real preimages $\left\{x_{n-1}^{+}, x_{n-1}^{-}\right\}$for most $x_{n}$. If Bourbaki is your native dialect: the Hénon map is injective or one-to-one, but the quadratic map is surjective or many-to-one. Still, this 1-dimensional approximation is very instructive. (continued in example 11.5)

## Exercises

3.1. Poincaré sections of the Rössler flow. (continuation of exercise 2.8) Calculate numerically a Poincaré section (or several Poincaré sections) of the Rössler flow. As the Rössler flow state space is $3 D$, the flow maps onto a $2 D$ Poincaré section. Do you see that in your numerical results? How good an approximation would a replacement of the return map for this section by a 1dimensional map be? More precisely, estimate the thickness of the strange attractor. (continued as exercise 4.4)
(R. Paškauskas)
3.2. A return Poincaré map for the Rössler flow. (continuation of exercise 3.1) That Poincaré return maps of figure 3.3 appear multimodal and non-invertible is an artifact of projections of a 2-dimensional return map $\left(R_{n}, z_{n}\right) \rightarrow\left(R_{n+1}, z_{n+1}\right)$ onto a 1-dimensional subspace $R_{n} \rightarrow R_{n+1}$.
Construct a genuine $s_{n+1}=f\left(s_{n}\right)$ return map by parameterizing points on a Poincaré section of the attractor figure 3.2 by a Euclidean length $s$ computed curvilinearly along the attractor section. (For a discussion of curvilinear parametrizations of invariant manifolds, see sect. 12.1.1.)
This is best done (using methods to be developed in what follows) by a continuation of the unstable manifold of the 1-cycle embedded in the strange attractor, figure 6A. 7 (b).
(P. Cvitanović)
3.3. Arbitrary Poincaré sections. We will generalize the construction of Poincaré sections so that they can have any shape, as specified by the equation $U(x)=0$.
(a) Start by modifying your integrator so that you can change the coordinates once you get near the Poincaré section. You can do this easily by writing the equations as

$$
\begin{equation*}
\frac{d x_{k}}{d s}=\kappa f_{k} \tag{3.21}
\end{equation*}
$$

with $d t / d s=\kappa$, and choosing $\kappa$ to be 1 or $1 / f_{1}$. This allows one to switch between $t$ and $x_{1}$ as the integration 'time.'
(b) Introduce an extra dimension $x_{n+1}$ into your system and set

$$
\begin{equation*}
x_{n+1}=U(x) \tag{3.22}
\end{equation*}
$$

How can this be used to find a Poincaré section?

### 3.4. Classical collinear helium dynamics.

(continuation of exercise 2.10) Make a Poincaré surface of section by plotting $\left(r_{1}, p_{1}\right)$ whenever $r_{2}=0$ : Note that
for $r_{2}=0, p_{2}$ is already determined by (7.8). Compare your results with figure B. 3 (b).
(Gregor Tanner, Per Rosenqvist)
3.5. Hénon map fixed points. Show that the two fixed points $\left(x_{0}, x_{0}\right),\left(x_{1}, x_{1}\right)$ of the Hénon map (3.17) are given by

$$
\begin{align*}
& x_{0}=\frac{-(1-b)-\sqrt{(1-b)^{2}+4 a}}{2 a}, \\
& x_{1}=\frac{-(1-b)+\sqrt{(1-b)^{2}+4 a}}{2 a} . \tag{3.23}
\end{align*}
$$

3.6. Fixed points of maps. A continuous function $F$ is a contraction of the unit interval if it maps the interval inside itself.
(a) Use the continuity of $F$ to show that a 1dimensional contraction $F$ of the interval $[0,1]$ has at least one fixed point.
(b) In a uniform (hyperbolic) contraction the slope of $F$ is always smaller than one, $\left|F^{\prime}\right|<1$. Is the composition of uniform contractions a contraction? Is it uniform?
3.7. Section border for Rössler. (continuation of exercise 3.1) Determine numerically section borders (3.6) for several Rössler flow Poincaré sections of exercise 3.1 and figure 3.2, at least for angles
(a) $-60^{\circ}$, (b) $0^{\circ}$, and
(c) A Poincaré section hyperplane that goes through both equilibria, see (2.24) and figure 4.5. Two points only fix a line: think of a criterion for a good orientation of the section hyperplane, perhaps by demanding that the contracting eigenvector of the 'inner' equilibrium $x_{-}$lies in it.
(d) (Optional) Hand- or computer-draw a visualization of the section border as 3-dimensional fluid flow which either crosses, is tangent to, or fails to cross a sheet of light cutting across the flow.

As the state space is 3 -dimensional, the section borders are 1 -dimensional, and it should be easy to outline the border by plotting the color-coded magnitude of $v_{\perp}(\hat{x})$, component of the $v(\hat{x})$ normal to the section, for a fine grid of 2-dimensional Poincaré section plane points. For sections that go through the $z$-axis, the normal velocity $v_{\perp}(\hat{x})$ is tangent to the circle through $\hat{x}$, and vanishes for $\dot{\theta}$ in the polar coordinates (3.15), but that is not true for other Poincaré sections, such as the case (c).
(P. Cvitanović)

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